



TÉCNICO
LISBOA



O impacto da licença sabática no estrangeiro

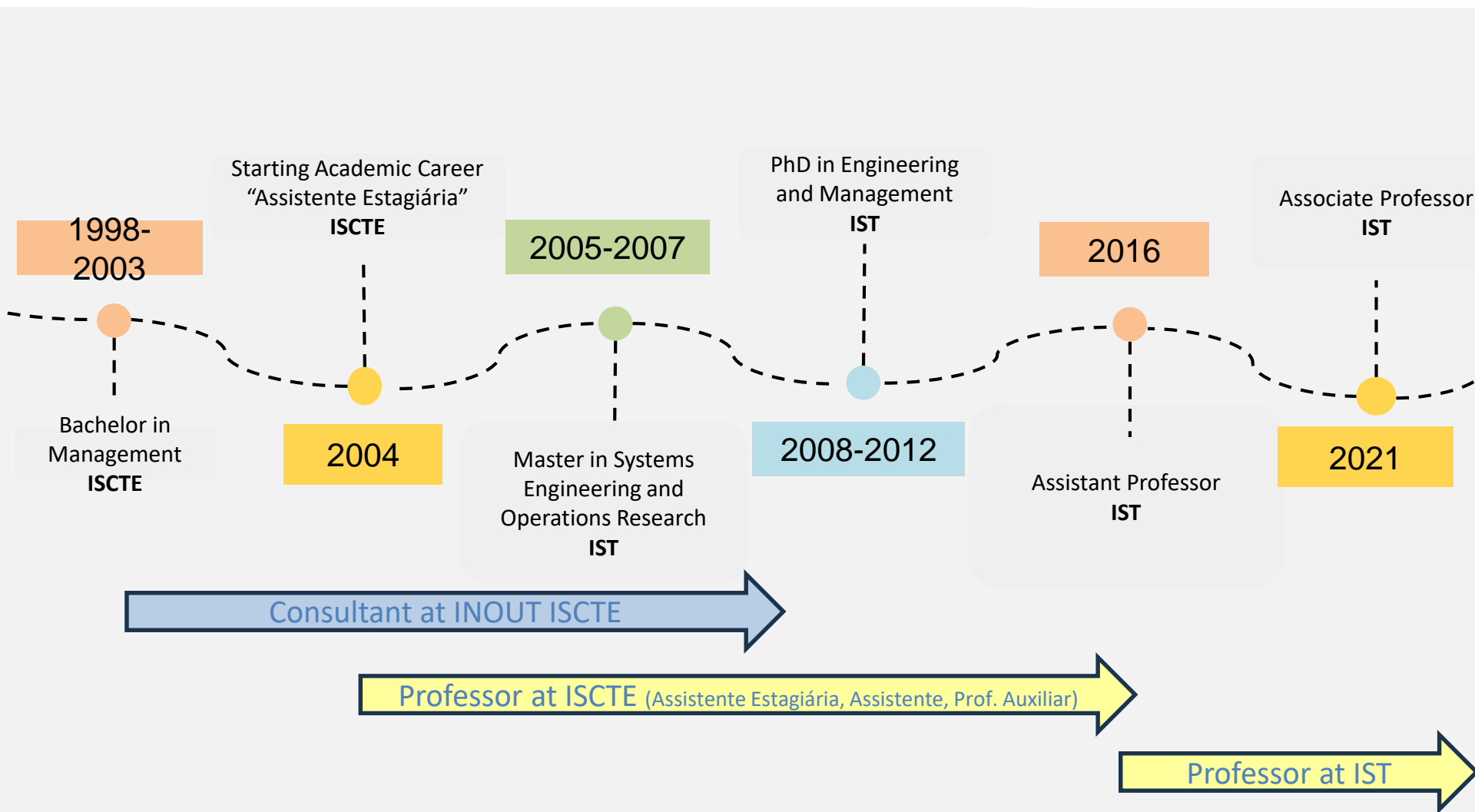
Tânia Ramos

Professora Associada

Departamento de Engenharia e Gestão (DEG)
Instituto Superior Técnico, Universidade de Lisboa

tania.p.ramos@tecnico.ulisboa.pt

My professional path...



2nd Edition – Shaping the Future

- September 2016

General information about IST (procedures, offices, etc.)

Mentoring program

Sabbatical leave

Observation of Classes

StartUp Funds

Funding

Internationalization

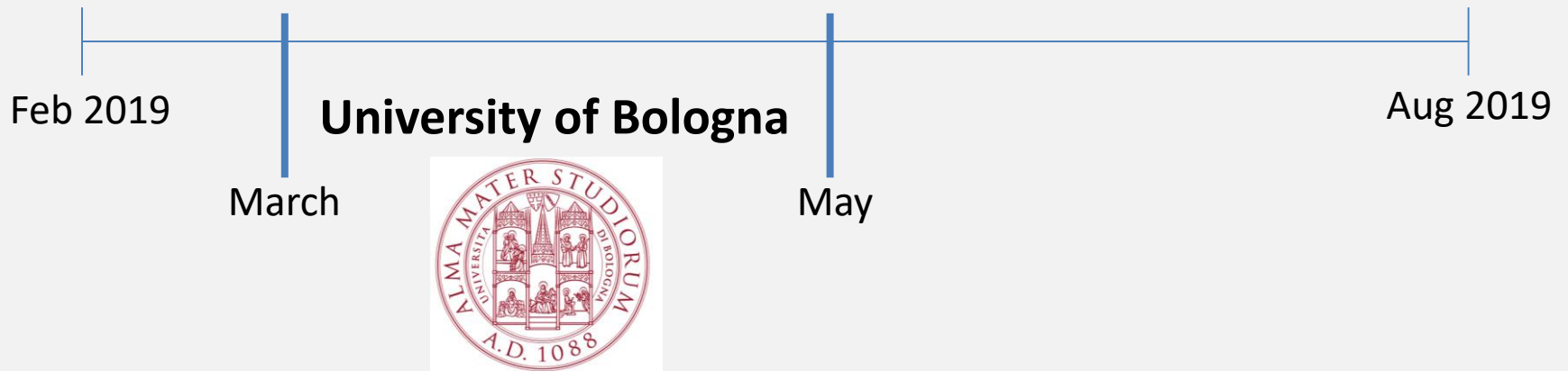
...



How to combine a sabbatical leave abroad with a 2-year daughter?

Sabbatical Leave

- February 2019 – August 2019



- Working in close collaboration with Daniele Vigo (first “approach” in 2017)
- Intermittent stay

Sabbatical Leave



Direct Impact:

- Research Topic: A New Distribution Paradigm: Delivery of Medicines by Drone
 - **Conference Presentation**: Ramos, T., Conceição A., Vigo, D. (2019). A New Distribution Paradigm: Delivery of Medicines by Drone. 7th Annual Conference of the EURO Working Group on Vehicle Routing and Logistics Optimization (Verolog), June 2019, Seville, Spain.
 - **Paper Published**: Ramos and Vigo (2023). A New Hybrid Distribution Paradigm: Integrating Drones in Medicines Delivery. Expert Systems with Applications, 234, 120992.
- Research Topic: Smart Waste Collection
 - Short Stay of a PhD Student at University of Bologna
 - Funding opportunity – CARIPLO Call, led by Francesca Maggioni from University of Bergamo
 - Host a PhD student from University of Bergamo
 - 2 Papers submitted
 - Consultant at a FCT Research Project (WSmart Route+)

Sabbatical Leave



Tânia

Daniele

Francesca

Martin

Ana

Andrea

Carolina

Joana

Some advices

- Start planning... NOW! 😊
 - Working with whom?
 - Where to go?
 - How to manage “family”?
- Adjust the number of MSc supervisions during your stay abroad
- Reduce/remove other duties
- Try to be fully focused on your sabbatical leave



Acknowledgements



For the Shaping the Future Program
For the StartUp Fund
For the Mentoring Program

Comissão de Acompanhamento do Período Experimental (CAPE)

Mentor



João Ramôa
Correia



Ana Póvoa



Rui Oliveira



TÉCNICO
LISBOA



O impacto da licença sabática no estrangeiro

Tânia Ramos

Professora Associada

Departamento de Engenharia e Gestão (DEG)
Instituto Superior Técnico, Universidade de Lisboa

tania.p.ramos@tecnico.ulisboa.pt